

## Physical Therapy CPT Codes

Physical therapy cCurrent Procedural Terminology or CPT codes are utilized to describe the services rendered when submitting a claim to a third-party payer. A therapist will select a physical therapy CPT code based on the type of interventions they used and for how long they administered that intervention. These codes provide healthcare providers a uniform language of coding for medical services and procedures.

CPT CODE	NAME	DESCRIPTOR
97110	Therapeutic exercise	<b>Timed code:</b> Therapeutic procedure, one or more areas, each 15 minutes, therapeutic exercises to develop strength, ROM, endurance, and flexibility and must be direct contact time with the patient.
97112	Neuromusculat re-education	<b>Timed code:</b> Therapeutic procedure, one or more areas, each 15 minutes, activities that facilitate movement, balance, coordination, kinesthetic sense, posture, and/or proprioception for sitting and/or standing activities. Therapeutic taping or other inhibition/facilitation thechniques fit in this category.
97116	Gait training	Skilled improvement of gait, including stair training. Focuses on the biomechanics of gait. Walking exercises to improve endurance or cardiovascular health would <b>not</b> go in this category.
97140	Manual therapy	<b>Timed code.</b> Skilled hand movements and passive movements of the joints and soft tissue intended to improve tissue extensibility; increase range of motion; induce relaxation; mobilize or manipulate soft tissue and joints; modulate pain; and reduce soft tissue swelling. Includes soft tissue mobilization, joint mobilization, manipulation, manual traction, muscle energy techniques (performed using resistance applied by PT), and manual lymphatic drainage. PROM is <b>not</b> manual therapy.
97530	Therapeutic activity	<b>Timed code.</b> Dynamic activities used to promote improved function. Typically utilize multiple parameters such as strength, range of motion, motor control, balance, endurance, etc. Sit to stands, transfers, bed mobility or sport-specific training may fall in this category.
97535	Self-care/Home management training	Instruction on compensatory training and in use of adaptive equipment, on ADLs, meal prep and safety procedures. Can also include instruction on wound care, use of home TENS or electrical stimulation unit, strategies for edema control, advice on sleeping positions, and even transfer training. As long as you are addressing basic ADLs in your plan of care (eating, bathing, dressing, toileting, transferring and continence) you can bill this code. Instruction in a home exercise program should be billed uner Therapeutic Exercise.
97750	Physical performance test or measurement	Used to bill for functional capacity exams, isokinetic testing and some specific tests and measures related to balance like the Timed Up and Go. This is a timed code and it is not medically reasonable and necessary to bill this service as part of a routine assessment/evaluation of rehabilitation services.
97161	Low complexity evaluation	<b>Untimed Code.</b> PT history includes no co-morbidities or personal factors impacting the plan of care. Plan of care addresses 1-2 elements of body structure/function, activity and/or participation restrictions. The clinical presentation is stable.
97162	Moderate complexity evaluation	<b>Untimed Code.</b> PT history includes 1-2 co-morbidities or personal factors impacting the plan of care. Plan of care addresses 3 or more elements of body structure/function, activity and/or participation restrictions. The clinical presentation is evolving.
97163	High complexity evaluation	<b>Untimed code.</b> PT history includes 3 or more co-morbidities or personal factors impacting the plan of care. Plan of care addresses 4 or more elements of body structure/function, activity and/or participation restrictions. The clinical presentation is unstable.
97164	Physical therapy re-evaluation	Requires an examination and a revised plan of care

## ADDITIONAL CPT CODES

CPT CODE	NAME	DESCRIPTOR
97010	Hot or cold packs therapy (may not be reimbursed)	
97012	Mechanical traction therapy	
97014	Electric stimulation therapy (may not be reimbursed)	
97016	Vasopneumatic device therapy	
97018	Paraffin bath therapy	
97022	Whirlpool therapy	
97026	Infrared therapy	
97028	Ultraviolet therapy	
97032	Electrical stimulation attended	
97033	Electric current therapy/iontophoresis	
97034	Contrast bath therapy	
97035	Ultrasound therapy	
97036	Hydrotherapy	
97039	Physical therapy treatment	
97113	Aquatic therapy/exercises	
97124	Massage therapy	
97127	Therapeutic interventions with a focus on cognitive function	
97150	Group therapy	
97542	Wheelchair management	
97755	Assistive technology assessment	
97760	Orthotic management and training, first encounter	
97761	Prosthetic training, first encounter	
97763	Orthotic/prosthetic management, subsequent encounter	
29530	Knee strapping	
29540	Ankle strapping	
29240	Shoulder strapping	

## OCCUPATIONAL CPT CODES

CPT CODE	NAME	DESCRIPTOR
97165:	Occupational therapy evaluation: low complexity Non-Visit	
97166:	Occupational therapy evaluation: moderate complexity Non-Visit	
97167	Occupational therapy evaluation: high complexity Non-Visit	
97164:	Re-evaluation of physical therapy established plan of care requiring: Non-Visit	
97168:	Re-evaluation of occupational therapy established plan of care requiring Non-Visit	